



*Created by Lorraine Cohen*

Success means different things to different people. To develop a *powerfull* success strategy, you must first have a clear concept of what success means to you.

### **Success Worksheet**

Money is...

Wealth is...

Rich People are...

What success means to me is....

Successful People are...

#### **Questions to ask yourself:**

1. The reasons I can't or may not become extremely successful are:
  
2. Some of the possible negatives about being extremely successful or going through the process of trying to be successful are:





## **Designing an Action Plan – 30, 60, 90 days ( or more)**

Focus: One situation you want to improve in the next 30 days

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1. Goal or desired outcome

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2. Identify potential roadblocks (including yourself) and solutions

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3. Can you think of any negative consequences to achieving this goal? If yes, what are they? Do the consequences outweigh the importance of making this change?

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4. If you do nothing (make no changes at all), what will happen?

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5. The support you'll need to be successful

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6. What are you SOOOO willing and READY to do NOW!

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7. What are your first five steps to be completed within the next 7days? (Use this format for the next 30-60-90 days!)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_



## Craft Your Power Strategy

Having a clear goal in mind and a strong action plan is critical in achieving success. Hitting bumps and having things getting in the way of staying motivated and MOVING forward is not uncommon. We're all human, right? Designing a well-defined strategy to keep you focused and on track will reinforce your decision to succeed.

Identify elements (resources, tools, daily routines) that will keep you strong and focused when facing resistance, negativity, fear/uncertainty etc. Examples: community of support, inspirational reading, exercise, massage).

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_